

## Book1 Unit3 Listening and speaking

班级\_\_\_\_\_ 姓名\_\_\_\_\_ 小组\_\_\_\_\_

### 一、学习目标

1. Talk about how to invite a friend to a sports event.
2. Develop students' listening skills to solve different problems.
3. Focus on the stresses while listening.

### 二、重点、难点

1. Key Points: How to invite a friend to a sports event.
2. Difficulties: Try to use listening skills to do the listening tasks and focus on the stresses.

### 三、导学流程

#### (一) 基础感悟(导学导读):

1. Translate the following words and phrases.

- |                                  |                           |
|----------------------------------|---------------------------|
| ①boxing <i>n.</i> _____          | ②ski <i>v.</i> _____      |
| ③badminton <i>n.</i> _____       | ④marathon <i>n.</i> _____ |
| ⑤fitness <i>n.</i> _____         | ⑥soccer <i>n.</i> _____   |
| ⑦track and field <i>n.</i> _____ | ⑧host <i>v.</i> _____     |
| ⑨sweat <i>n.</i> _____           | ⑩an e-sports event _____  |
| ⑪instead of _____                | ⑫come along _____         |
| ⑬work out _____                  | ⑭make it _____            |

#### (二) 未知探究:

详情见 PPT

#### (三) 当堂检测:

- 1、根据所给汉语, 用适当词块的正确形式完成句子。

(1) Would you like to \_\_\_\_\_ us(跟我们一起) to the film tonight?(2013 全国单项填空)

(2) If possible, I'll \_\_\_\_\_ (参加) some social activities so that I can know more about the society.

(3) Planning so far ahead \_\_\_\_\_ (没有意义) — so many things will have changed by next year.(2011 全国单项填空)

(4) We sincerely hope that WWF can \_\_\_\_\_ (在.....中起作用) protecting this endangered animal.(2013 重庆书面表达改)

(5)Facing up to your problems \_\_\_\_\_ (而不是逃离)  
them is the best way to working things out.(2014 浙江单项填空改)

## 2、阅读理解。

Tom Brady, a Californian, was an excellent quarterback (四分卫) at Junipero Serra High School. But when he arrived at the University of Michigan, he didn't see much playing time during his first three years on campus. He considered going back to a college in California, but he decided to stick it out. He didn't become a starter until the second half of his senior year. After becoming a National Football League (NFL) player, he was not allowed to play as a starter. However, he kept improving his skills and preparing each week like he was the starter.

In 2001, his second season, he only got in on the act because the starter was injured. Fans thought Tom would be just a fill-in. But Tom led his team New England Patriots to a victory in his first start, then they won four of five, and then finished the year with six victories. Each week he seemed to get a little better, and people began to recognize him as a dark horse. New England Patriots got into the Super Bowl, fighting against the defending (卫冕的) champions St. Louis Rams. Tom led a final-minute game-winning drive. He was no longer a nobody.

Today, Brady is considered perhaps the greatest quarterback ever. He'd become a superstar. Yet he had never lost that fire, that drive, and that sense that the world didn't believe in him. At 37, he said that he would play until fifty if his body allowed him to do so. And he even told his teammates that he wanted to play forever if possible.

His teammates had dreamed of being him. Hogan was thirteen in February of 2002 when Brady and New England Patriots beat St. Louis Rams. Lengel was eleven at the time, watching with his grandfather in Kentucky. White was ten in Florida. Mitchell was nine in Georgia. These teammates were Tom's big fans who since childhood had viewed from TV how he did the impossible. "He gave us the encouragement," Hogan said.

He kept telling his teammates to keep going when the game wasn't over. He isn't the biggest, the fastest, and the strongest football player in the world. But he may be the most strong-minded.

28. When did Brady start to become known?

- A. After he took the place of an NFL player as a starter.
- B. When he entered a team of a college in California.
- C. After he played for the University of Michigan.

- D. When he became an NFL player.
29. What can we say about Brady after he achieved fame?
- A. He cares less about winning or losing.  
B. He has kept his strong liking for football.  
C. He spends more time improving his team.  
D. He has changed his style of playing football.
30. Why were Brady's teammates mentioned in Paragraph 4?
- A. To show his friendliness to others.  
B. To show he has a very strong will.  
C. To show he has the best teammates.  
D. To show his big influence on others.
31. What can we learn from Brady's experiences?
- A. Never judge a book by its cover.  
B. The secret of success is to stick it out.  
C. To eat the fruit, you must climb the tree.  
D. In time of danger, one's mind works fast.

3、阅读下面短文，在空白处填入 1 个适当的单词或括号内单词的正确形式。

If you are a regular (经常做某事的) 56. \_\_\_\_\_ (run), you might want to complete one marathon each year. The London Marathon in April, or New York in the autumn, may become your main focus for part of your training year.

But once you have run your marathon and have enjoyed a good rest period afterwards, there 57. \_\_\_\_\_ (be) still plenty of time in the remaining part of the year for you 58. \_\_\_\_\_ (enjoy) your running and benefit (受益) from your fitness. So 59. \_\_\_\_\_ can you get the most out of this period of non-marathon training?

Marathoners use different 60. \_\_\_\_\_ (way) to go on with their training and competition once they have run their marathon. Some like to take advantage 61. \_\_\_\_\_ their marathon fitness in the months following, by competing in races over shorter distances. Others prefer to take a break from organized training and are happy to run, either competitively 62. \_\_\_\_\_ just for fitness, when time allows.

It is often the case that you won't know 63. \_\_\_\_\_ (exact) what you will feel like doing until your marathon is behind you. Whatever you choose to do, you may find it 64. \_\_\_\_\_ (help) to have a plan for the remaining part of the year — even if the plan consists of (由……构成) not 65. \_\_\_\_\_ (follow) a detailed training programme.